



University of California and California State University

Attention: Students must request certification from the Grossmont College Admissions Office
Visit www.ASSIST.ORG for Preparation for the Major

Student:	ID#:	Date:
Major:	Transfer University:	Counselor:

A course may be used in 1 area only (Exception: *CSU American Institution (AI) section)
IGETC courses may differ between Cuyamaca and Grossmont. If you plan to attend both colleges, meet with a Counselor, refer to the college catalogs and visit www.assist.org.

	Completed	In Progress	Remaining
1. ENGLISH COMMUNICATION - Minimum of 9 units CSU - Complete 3 courses: One from 1A, one from 1B and one from 1C (Minimum 9 units). UC - Complete 2 courses: One from 1A and one from 1B (Minimum 6 units).			
1A. English Composition ENGL 120			
1B. Critical Thinking and Composition (Cannot be cleared by external exams) ENGL 124			
1C. Oral Communication (CSU requirement only) COMM 120, 122, 130			
2. MATHEMATICAL CONCEPTS AND QUANTITATIVE REASONING - Minimum 3 units Complete 1 course.	C	IP	R
MATH 120, 125, 126, 160, 175, 176, 178, 180, 245, 280, 281, 284, 285; Statistics: ANTH 215; BIO 215; ECON 215; MATH 160; PSY 215; SOC 215			
3. ARTS AND HUMANITIES - Minimum of 9 units Complete 3 courses. Complete one course from 3A, one course from 3B and one additional course from either 3A or 3B.	C	IP	R
3A: Arts ART 100, 120, 130, 140, 141, 142, 143, 145, 146, 147; CCS 126, 134; DANC 110, 120; MUS 110, 111, 115, 116, 117, 123; PHOT 154; THTR 101, 110, 144	3A		
3B: Humanities ARBC 121, 123, 148, 220, 221; ASL 121, 140, 220, 221; CHIN 121, 220, 221; COMM 144; CCS 123, 133, 135, 144, 147, 149, 152, 236, 237, 238; ENGL 122, 201, 215, 217, 218, 219, 221, 222, 225, 226, 227, 228, 231, 232, 236, 237, 238; FREN 121, 152, 220, 221; GERM 121, 220, 221; HIST 100, 101, 103, 105, 106, 126, 135, 136, 137, 148; HUM 110, 120, 125, 130, 135, 140, 170; ITAL 121, 220, 221; JAPN 121, 149, 220, 221; PHIL 110, 111, 112, 114, 116, 118, 140, 141, 145, 150, 155; RELG 120, 130, 140, 150, 170; RUSS 121, 220, 221; SPAN 121, 123, 141, 220, 221; THTR 143, 144	3B		
	3A or 3B		
4. SOCIAL AND BEHAVIORAL SCIENCES - Minimum 9 units Complete 3 courses from at least 2 disciplines.*CSU American Institutions (AI) courses are bolded and underlined.	C	IP	R
Administration of Justice: AOJ 110 Anthropology: ANTH 120, 140 Child Development: CD 115, 125 Communication: COMM 124, 144 Cross-Cultural Studies: CCS 114, 115, 116, <u>118</u> , <u>119</u> , 125, 127, 128, <u>130</u> , <u>131</u> , 132, 135, 143, 144, 145, 147, 154, 155, <u>180</u> , <u>181</u> Economics: ECON 110, 120, 121, 261 Family Studies: FS 115, 120 Geography: GEOG 100, 101, 106, 130, 170 History: HIST 100, 101, 103, 105, 106, <u>108</u> , <u>109</u> , 113, <u>114</u> , <u>115</u> , <u>118</u> , <u>119</u> , <u>122</u> , <u>123</u> , 124, 126, <u>130</u> , <u>131</u> , 136, 137, 148, 154, 155, <u>180</u> , <u>181</u> Media Communications: MCOM 110 Political Science: POSC 120, <u>121</u> , 124, 130, <u>140</u> , 155, 160 Psychology: PSY 120, 125, 134, 138, 140, 150, 170, 220 Sociology: SOC 114, 120, 125, 130, 138, 140			

5. Physical and Biological Sciences	Completed	In Progress	Remaining
Complete one course from 5A, one course from 5B and one course from 5C if a lab is not included in 5A or 5B. Underlined courses do <u>NOT</u> include a laboratory.			
5A. Physical Sciences: <u>ASTR 110, 120</u> ; CHEM 102, <u>110, 113, 115, 116, 120, 141, 142, 231, 232, 241, 242</u> ; <u>GEOG 120, 140</u> , <u>GEOL 104, 110, 121, 210</u> , <u>OCEA 112</u> ; PHYC 110, 130, 131, 140, 240, 241; PSC <u>100, 110</u> ; SCI <u>110</u>			
5B. Biological Sciences: ANTH <u>130</u> ; BIO 105, 110, <u>112, 114, 118</u> , 120, 140, <u>141</u> , 144, 145, 152, 230, 240			
5C. Laboratory (If lab is not included in 5A or 5B). Lab must compliment your science lecture course. ANTH 131; ASTR 112; BIO 141L; CHEM 241L, 242L ; GEOG 121; GEOL 111; OCEA 113; PSC 111			

6. Language Other Than English (<u>UC Requirement Only</u>) - Students must meet one of the options below. Must be verifiable by official records on high school transcripts or by exam scores sent to Grossmont College Admissions and Records.	
1. Completion of one of the following courses or higher will meet the UC language proficiency requirement: ARBC 120, ASL 120, CHIN 120, FREN 120, GERM 120, ITAL 120, JAPN 120, RUSS 120, SPAN 120; OR CCS 122, 123	<input type="checkbox"/>
2. Two (2) years of high school coursework in the same foreign language with a grade of "C-" or higher.	<input type="checkbox"/>
3. Achieve a score of 3 or higher on the College Board Advanced Placement Exam in a language other than English.	<input type="checkbox"/>
4. Achieve a score of 500-540 (depending on the language-verify with counselor) on the SAT II: Subject Test in Languages other than English	<input type="checkbox"/>
5. Achieve a score of 5 or higher on the International Baccalaureate (IB) Examinations in a language other than English. English "O" level exams (score of "A," "B" or "C") and English International "A" exams (score of 5, 6 or 7) also accepted.	<input type="checkbox"/>
6. Documented satisfactory completion of 2 or more years of formal schooling at the 6th grade level or higher in an institution where the language of instruction is not English. Must earn a grade of "C" or higher.	<input type="checkbox"/>
7. Statement from a faculty member verifying competency. Please meet with a counselor for more information on this option.	<input type="checkbox"/>

*CSU American Institution (AI)	Completed	In Progress	Remaining
The AI requirement is a CSU GRADUATION REQUIREMENT . Completion is not mandatory for admission, however, completion of this requirement prior to transfer is highly recommended. Select Option 1, 2 or 3 and complete as indicated. Courses <u>bolded and underlined</u> in Area 4 may be used to meet both American Institutions and Area 4 requirements.			
Option 1: Choose 1 course from <u>List A</u> and 1 course from <u>List B</u> : List A: CCS 180, HIST 108, 114, 115, 122, 180 List B: CCS 119, 131, HIST 109, 115, 119, 123, 124, 131, POSC 121, 140			
Option 2: Choose 1 course from List A and 1 course from List B: List A: POSC 121 List B: CCS 118, 119, 130, 181, HIST 109, 118, 119, 130, 181			
Option 3: Choose 1 course from List A: List A: HIST 115			

IGETC may not clear all general education requirements and is not recommended for all majors. All courses must be completed with a "C" or better. "D" or "C-" grades are not acceptable for IGETC. Courses can be certified in only one area. (Exception: *CSU American Institution (AI) section) Fulfillment of IGETC does not guarantee admission. Courses may be taken with a "P" (Pass) but both the CSU and UC systems have a limit on the number of units. Students must request official certification of IGETC in Admissions and Records/Evaluations. Consult with a Counselor to determine how external exam scores (AP and IB) are applied to meet IGETC areas.